

# ***2016 SPRING-SUMMER***

## ***City of Homer***

### ***Community Recreation Program***

#### ***Activity Guide***



***Featuring: Popeye Wrestling Club!***

**907.235.6090**

**VISIT ONLINE!**

**[www.cityofhomer-ak/recreation](http://www.cityofhomer-ak/recreation)**

### **Community Recreation Mission Statement**

The City of Homer Community Recreation will promote community involvement and life-long learning through educational and recreational opportunities for people of all ages. This will be accomplished through maximizing usage of all community facilities and resources. While utilizing, expanding and uniting local business and school resources and expertise. Our program shall be designed to recognize cultural diversity and to address social and community concerns.

### **Thank You Homer Schools/Kenai Peninsula Borough School District**

Most of our activities are made possible because of cooperative use of School District facilities. We extend our appreciation to the District, School Board members, school staff and administrative staff for their support of the Homer Community Recreation Division.

### **We Want You!**

Volunteers or works as a contracted instructor! We strive to continually develop new and affordable programs for our community. If you have any special skills to share, or ideas for programs you would like to see offered, please give us a call.

### **Parks, Playgrounds & Pavilions**

The City of Homer provides many parks, playgrounds and pavilions for your outdoor recreational endeavors. Check out Hornaday Park, Bishop's Beach and Bayview Park to name a few.

### **Contact Us**

Recreation office is located in the Homer High School building:  
600 E. Fairview Ave  
Homer, AK 99603  
millg@ci.homer.ak.us  
907.235.6090

### **Office Hours (varies)**

12:00 p.m. –8:00 p.m.  
(Monday-Thursday)  
9:00 a.m. - 5:00 p.m. (Friday)

### **Advertising**

Consider advertising your business, program or organization in our next guide. The publication of this activity & recreation guide is supported in part by the paid advertising that appears in it. The City of Homer does not evaluate or endorse the vendors, or the goods or services, that appear in this advertising.

### **Code of Conduct**

Proper behavior by all participants is expected at all times. Participants shall be respectful to peers, staff, equipment, supplies and facilities. Community Recreation reserves the right to terminate participation toward individuals who cannot exhibit proper behavior.

### **Unsupervised Children**

Please do not bring children to adult classes/activities. It can be a distraction to others and creates a liability for the recreation program.

### **Refund Policy**

Community Recreation will not refund, credit or prorate any classes/activities unless it is cancelled. The manager will determine a refund based on unusual circumstances on a case by case basis.

### **Registration**

Registration is ongoing for most of our programs, but there are some that require pre-registration. Be sure to contact instructor in advance if there is a pre-registration required! Registration for drop in activities is on site.

### **Disclaimer**

Many, if not all, of the Community Recreation classes are held in the local schools. The school may require any of our classes or activities to be cancelled with limited notice. Classes may or may not be rescheduled pending time and space availability.

### **Volunteer**

If your are interested in teaching a class or helping out with the program, please contact us today at 235-6090. Thanks for your support and participation!

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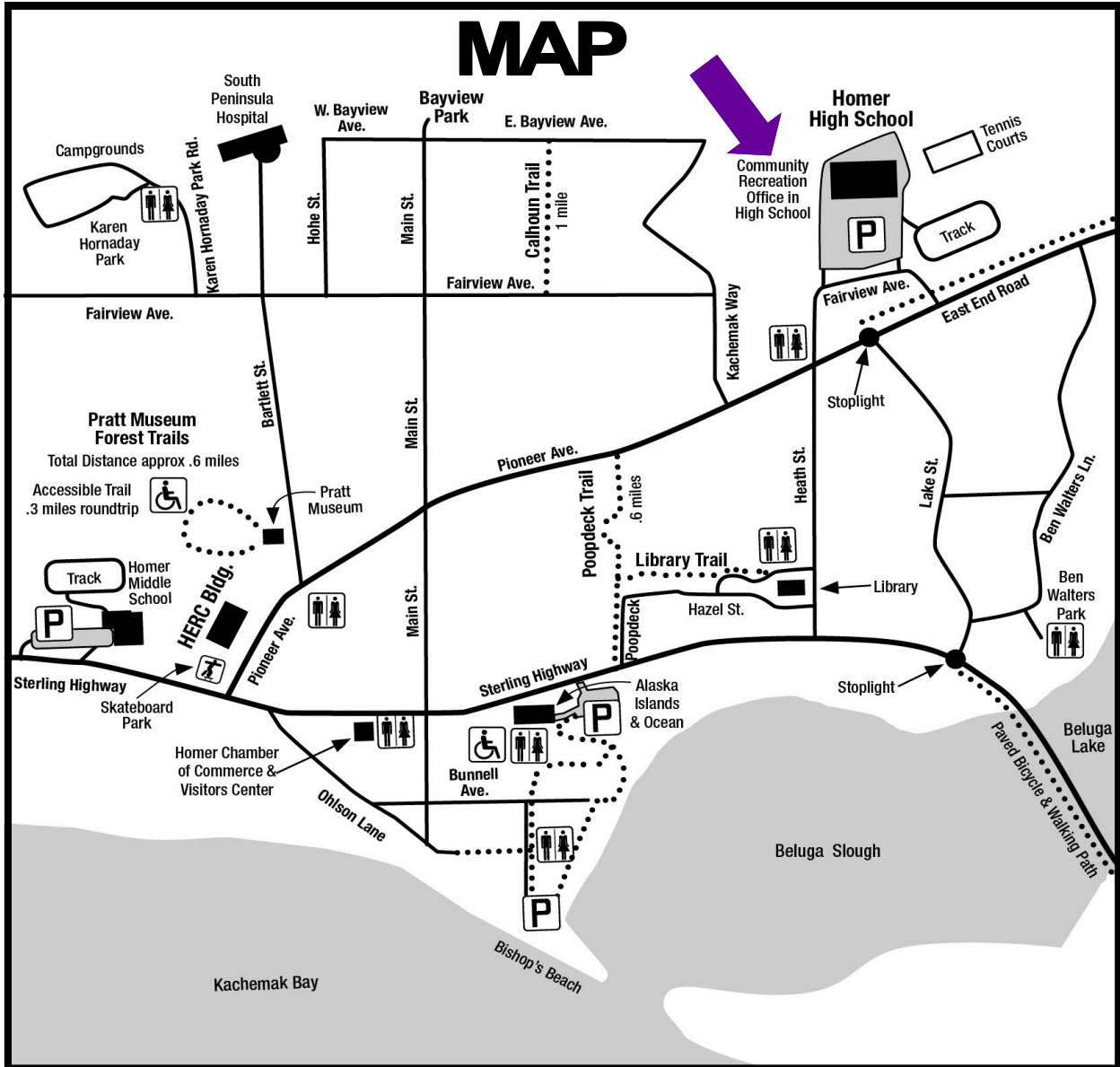
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**Steak Sushi Seafood**

*Where East Meets West and Ends up North!!!*

**907-226-3663    WED. to SAT. at 4:30PM**



# Questions?

Contact information:  
600 E. Fairview Ave  
Homer, AK 99603  
[millg@ci.homer.ak.us](mailto:millg@ci.homer.ak.us)  
907.235.6090



## **Hornaday Campground**

- 629 Fairview Ave.
- 31 Wooded & View Campsites

## **Homer Spit Campgrounds**

- **Mariner Homer Spit** Milepost .04  
Scenic Beachfront Sites
- **Fishing Hole** Homer Spit Milepost 2.9  
Beachfront & Fishing hole sites
- **Tent Areas 1 & 2** Homer Spit Milepost  
2.7 & 2.9 Oceanside Beach Camping

## **Campground Regulations**

Quiet Hours 11p.m.-7a.m.  
Fires must be contained within fire pits.  
Dogs & pets must be on leash  
Keep an orderly campsite.

## **Camp Fees & Registration**

All campers must self register.

**RVS:** \$15 per night, \$189 for 14 consecutive days

**TENTS:** \$10 per night, \$125 for 14 consecutive days

Fees collected April 1 to October 30

One RV or tent per permit.

Display Permit visibly.

14 day limit per campsite

**No reservations, first come, first serve.**

## **Contacts**

**Camp Office 907-235-1583**

**Camp Cell Phone 907-399-1267**

**ENJOY YOUR VISIT!**

# **City of Homer PAVILIONS**

**HORNADAY Pavilion**

**Call to schedule**

**JACK GIST Pavilion**

**Call to schedule**

The picnic shelters at **Bishops Beach** and **Karen Hornaday** park are available to reserve for special events and gatherings. At this time there is no fee to use either of these shelters. Please call either the Parks Maintenance Coordinator at **235-3170** or the Community Recreation Manager at **235-6090** to make your reservation. An online calendar is available to view open days and times. [www.cityofhomer-ak.gov/recreation/reserve-park-pavilion](http://www.cityofhomer-ak.gov/recreation/reserve-park-pavilion)

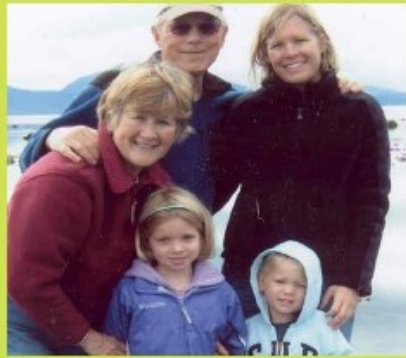
**Other parks are also available for events.  
Call Parks Maintenance at 235-3170.**

# Center for Alaskan Coastal Studies

## 2016 SUMMER

## All Ages!

### Explore, Connect, Care



#### S.P.I.T. Kids!

Sneak Peek Into Things

Ages 6-10 9:30am - 12pm

Monday \* Wednesday \* Friday

\$7 - child - session CACS Yurt on the Spit

#### Bio-Kids: Art & Nature

Weekly Art & Nature fun!

Ages 6-10 2pm - 5pm

\*Friday\*

\$7 - child - session Wynn Nature Center

#### Knee-high Naturalist

Ages 2-5 10:30am - 11:30am

\*Friday\*

Free! Wynn Nature Center

#### Jr. Naturalist

Ages 9-12 June 20 - June 23, \$300ea

#### Teen EcoAdventure Camp

Ages 12-15 July 18 - July 27 \$850ea

#### Marine Mammal Mysteries!

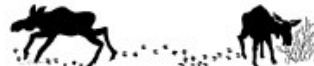
Ages 9 - 15 August 1 - August 5 \$500ea

#### Family Camps

June 24 - 26, July 29 - 31 Sept 2 - 4  
\$450 includes 2 adults & 1 child, \$375  
includes 1 adult & 1 child  
(additional family \$80ea)

#### Free Family Sundays @

Carl E. Wynn Nature Center



Daily Trips to PETERSON BAY for Intertidal & Forest Hikes, Kayaking & Overnight Yurt Stays

[www.akcoastalstudies.org](http://www.akcoastalstudies.org) 907-235-6667 [Info@akcoastalstudies.org](mailto:Info@akcoastalstudies.org)

708 Smokey Bay Way, Homer, AK 99603



ALASKA STATE PARKS K-BAY

## PARK OPPORTUNITIES:

### National Trails Day Volunteer Event—June 4th 2016.

- Join in with numerous volunteers to conduct light trail work, beach cleanup, and/or a guided family hike.

### Alaska State Parks will Host Monthly Guided Hikes

- **May, June, July, and August.** Water Taxis will be officering discounted trips across Kachemak Bay for a guided hike with enough participation. Hikes will take place the first Saturday of each month. Hikers will meet at the top of Ramp 2 at 9am to be taken to the Glacier Spit Trail Head. Hikers will be picked up at 4pm at the Saddle Trail Head. Expect to be back at the Homer Spit by 4:30. Contact Alaska State Parks to sign up and for more info. 435-7595.

### Kachemak Bay Water Trail

- KBWT will host monthly summer paddles. Most likely paddles will take place along the Homer Spit.

### **Staff's Choice Cabin:**

Sea Star cabin—untouched by the effects of the bark beetle kill off, remote, quiet, peaceful, beautiful. Great for kayaking.

### **TOP HIKE:**

- *Grewingk Glacier Hike—3.2 miles one way to Grewingk Glacier Lake from Glacier Spit Trail head. Recommended for all ability levels.*

- Hiking, Public Use Cabins, Hunting, Fishing, Enforcement, Guiding—Alaska State Park's South District Ranger Jason Okuly 435-7595 Jason.Okuly@Alaska.Gov
- Hiking—Alaska State Park's Kachemak Bay Park Specialist Eric Clarke 235-7024 or Eric.Clarke@Alaska.gov [www.dnr.alaska.gov/parks/units/kbay/kbaytrs.htm](http://www.dnr.alaska.gov/parks/units/kbay/kbaytrs.htm)
- Kayaking—Kachemak Bay Water Trail, [Kachemakbaywatertrail@gmail.com](mailto:Kachemakbaywatertrail@gmail.com) [www.kachemakbaywatertrail.org](http://www.kachemakbaywatertrail.org)
- Public Use Cabins—Alaska State Parks Public Use Cabin Rental and Information [www.dnr.alaska.gov/parks/cabins/kenai.htm](http://www.dnr.alaska.gov/parks/cabins/kenai.htm)
- Yurts—Alaskan Yurt Rentals 266-6879 [www.alaskanyurtrentals.com](http://www.alaskanyurtrentals.com)
- Biking—Homer Cycling Club [homercyclingclub.com](http://homercyclingclub.com) [homercyclingclub@gmail.com](mailto:homercyclingclub@gmail.com)
- Friends of Kachemak Bay State Park—[www.friendsofkachemakbay.org](http://www.friendsofkachemakbay.org) [info@friendsofkachemakbay.org](mailto:info@friendsofkachemakbay.org)



# SPECIAL EVENTS

## **Special Events**

### **The Popeye Wrestling Club Tournament**

The local wrestling club is hosting a tournament for all wrestlers (5 and up). The tournament participants must be a USA Wrestling card member and have all release forms signed prior to participating. Registration will be held the evening before the tournament. **Entry fee for wrestlers may be required. Wrestlers from all over are welcomed to partake.**

*WHEN: Friday & Saturday, March 11-12, 8 a.m. – 5 p.m.*

*WHERE: Homer High School Gym*

*FEE: Free to attend and cheer!*

### **Safe & Healthy Kids Fair & Bike Rodeo**

This event is dedicated to childhood injury prevention. Information will be available about specific injury prevention techniques and emergency response. Invaluable for parents, teachers, caregivers or anyone else living, playing, or working with children. Bike helmets are mandatory to participate in the bike rodeo. Bike rodeo helmets will be for sale in the High Schools Commons. Contact Haven House at **235-7712** for more general information. Donations are gladly accepted!

*WHEN: Saturday, April 30, 10 a.m. – 2p.m.*

*WHERE: Homer High School*

*FREE!*

### **Childrens Playgroup**

Parents and children 0-5 years old are welcome to run, romp, and play. Just sign up at the door. Note: some days may be canceled with minimal notice.

*WHEN: Mondays and Fridays, 10:30 a.m. - noon, Ongoing until May 20 pending volunteers.*

*WHERE: HERC Gym*

*FEE: Punch cards, 10 punches for \$20, 20 punches for \$40*

### **Annual Tribute to Coach Tommie**

Join us for Tommie Soccer Sunday: All players, all ages, teams and pick up games. Come out and “Pass the Ball!” Contact Linda at 299-0415 for more information.

*WHEN: Sunday, June 12, 1-4p.m.*

*WHERE: Homer Middle School*

*FEE: Free!*



[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# GYMNASTICS & TUMBLING

## *with Jeanne Parker*

### **Winter/Spring: January 18 - May 26**

Gymnastics class fees range from \$10-\$15/class with a discounted price when signing up for an entire session. Please call Jeanne (235-6547) for class placement and pricing. The Community Recreation fee is included in all prices.

**Mondays:** Intermediate/Advanced Tumbling & Vault

(1/18-4/23) 6:00-8:00 at HHS; \$15/class or \$250 (all 18 classes)

**Tuesdays:** Beginner Tumbling (1/19-4/24) 4:00-5:00 at HERC; \$10/class or \$160 (all 18 classes)

**Tuesdays:** Advanced Beginners Tumbling; (1/19-4/24) 4:00-5:30 at HERC; \$12.50/class or \$200 (all 18 classes)

**Tuesdays:** Intermediate Tumbling & Vault (1/19-4/24) 6:00-8:00 at HHS; \$15/class or \$250 (all 18 classes)

**Wednesdays:** Advanced Tumbling & Vaulting, 6:00-8:00 at HHS; \$15/class

**Thursdays:** Advanced Beginner/Intermediate Tumbling, (1/21-4/26) 4-5:30 at HERC; \$12.50/class or \$190 (all 17 classes)

**Saturdays:** Tumbling & Equipment Classes at HHS 1/30, 2/6, 2/27, 3/26, 4/2, 4/16, 4/23

Kindergym: 1:00-1:50p.m. \$10/class

Beg./Adv. Beg: 2:00-3:20 p.m. \$12.50/class

Int./Adv: 3:30-5:30p.m. \$15/class

Adult Gymnastics: 6:00-7:00p.m. \$10/class

### **Summer Classes 2016 Gymnastics Tumbling & Equipment**

Classes are taught by Jeanne Parker. Participants may sign up for specific dates.

Each class stands alone.

**Pre-registration required, please do not just show up on the day of the class.**

**WHEN:** Mondays and Fridays; 7/25; 7/29; 8/1; 8/5; 8/8; 8/12

**WHERE:** Homer High School

Kinder Gym (3 -5 years old)  
12:00-12:50 p.m. - \$10/class (price includes CR fee)

Beginner/Advanced Beginner (6-9 years old)  
1:00-2:20 p.m. - \$12.50/class (price includes CR fee)

Intermediate/Advanced (instructor's permission)  
2:30-4:30 p.m. - \$15/class (price includes CR fee)

Adults (pending a minimum of four pre-enrolled students)

5:30-7:00 p.m. - \$10/class (price includes CR fee)

DATES, TIMES & LOCATION MAY CHANGE DUE TO ACTIVITIES AT THE HOMER HIGH SCHOOL. ANY CANCELLED CLASSES WILL BE DEDUCTED FROM THE TOTAL CLASS PRICE. PLEASE CHECK WITH JEANNE (235-6547) TO ENROLL BEFORE COMING TO ANY CLASSES.

[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

## YOUTH & TEEN

# Youth Soccer Players

**Homer Youth Soccer is BACK!**

Sign-ups start *March 25th*

Summer Soccer begins *May 23rd*

**Got kids? Got lots of energy?  
Then play ball with us!**

**HomerSoccer.com**

**Soccer Association Indo @ 399-1933**



### **Youth & Teen**

#### **Preschool Story Hour**

Preschool Story Hour is sponsored by the Homer Public Library. Story Hour often includes a crafts project and sometimes music. No registration is necessary.

*WHEN: Wednesdays, 10-11 a.m.*

*WHERE: Homer Public Library*

*FEE: Free!*

#### **Popeye Wrestling**

Learn why the club continues to expand year after year. Learn how wrestling can teach members about SPORTSMANSHIP, INDIVIDUALITY, TEAM CONCEPTS and the value of PHYSICAL ACTIVITY. For over 30

years, the POPEYE wrestling program has been an important part of the Homer Community. Our COPPER certified coaching staff is dedicated to teaching teamwork, sportsmanship and the value of hard work through the sport of wrestling. POPEYE wrestling has produced many state champions as well as NCAA and Olympic wrestlers.

AGES: Wrestlers can be as young as 5 years old. PRACTICE: Starts on FEBRUARY 15<sup>h</sup>

More information & registration : Contact Storm at 435-7330 or Tammie at 435-7223  
**Pre-Season Sign Up on Monday, February 10th 6-8p.m. at Homer Middle MPR**

**Practices Feb. 15 – April 27(Must bring work out shorts/sweats and shoes everyday)**

*WHEN: Monday-Fridays: 3:30-7p.m.*

*WHERE: Middle School MPR*



[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# YOUTH & TEEN

*FEES: \$125.00 Competitive (Includes USAW registration fees/CR fees) or \$75 Recreational (includes CR fee).*

## Bruin Youth Basketball

Come and learn about the great sport of basketball. Practices, games, drills, Fundamentals, and lots of fun! Players must have clean basketball shoes. Feel free to bring a ball if you have one. Players must have a signed Community Rec registration form to participate. Contact Chris Etzwiler 235-1560 for more information and registration. Space availability is limited. All payments are made directly to Chris Etzwiler.

*WHEN: TBD WHERE: TBD FEE: TBD*

## ZUMBA Kids Jr. (4-6)

Zumba® Kids Jr. classes are a dance 'n' play party for lil' feet where pint-sized party animals get silly, dream big and begin their journey to a healthy future. This program is where 4- to 6-year-olds just let loose and be themselves – little bundles of natural energy that are endlessly curious about new sounds and experiences! Here they can socialize, move to age-appropriate music and play games with other kids. Preregistration is preferred by June 15 by calling Gretchen at 399-2129 or emailing [Gretchen.mccullough@gmail.com](mailto:Gretchen.mccullough@gmail.com). **Limit to 20 kids.** Class placement is a first come, first serve basis. There will be a waiting list if all spots are filled. Instructors are Gretchen McCullough and Maria SantaLucia.

*WHEN: Mondays and Wednesdays, 1-2p.m., June 28-July 13*

*WHERE: HERC*

*FEE: \$50 payable to instructor*

## ZUMBA Kids (7-12...older is OK too)

The Zumba® Kids program is the ultimate dance-fitness party for young Zumba fans ages 7-12, where they can play it loud and rock with friends to their own rules! This program features age-appropriate music and moves that get kids movin' to the beat. It's all about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching! Preregistration is preferred by June 15 by calling Gretchen at 399-2129 or emailing [Gretchen.mccullough@gmail.com](mailto:Gretchen.mccullough@gmail.com). **Limit of 30 kids.** Class placement is a first come, first serve basis. There will be a waiting list if all spots are filled. Instructors are Gretchen McCullough and Maria SantaLucia.

*WHEN: Mondays and Wednesdays, 2:15-3:15p.m., June 28-July 13*

*WHERE: HERC*

*FEE: \$50 payable to instructor*

Rule the pool! - Kachemak Swim Club

Life-long  
Recreational Fun, Rewarding Fitness Year-round  
Achievement Goal-setting Travel All-ages  
**TEAM**

See [kachemakswim.org](http://kachemakswim.org) or  
call 299-3523 for schedules,  
registration and more.

**ALASKA SWIMMING**  
TOO FAST TO FREEZE

# RECREATION

## Recreation

### **Table Tennis/Ping Pong**

Learn about the fun and exciting game of table tennis. All levels of experience are welcome. Join us for pick up games and check out the table tennis robot.

*WHEN: Wednesdays, ongoing (drop in), 6-8 p.m. Some cancellations.*

*WHERE: Homer High*

*FEE: \$3/adult or \$2/youth each visit*

### **Pickle Ball**

This is a fun indoor activity that is a crossover sport between tennis and ping pong. The game can be played with singles or doubles. Equipment is provided, but clean indoor sneakers required. For more information call Mike: 235-6437

*WHEN: Mondays, Wednesdays & Fridays, 5:30-7:30p.m.*

*WHERE: HERC Gym*

*FEE: \$3/visit*

### **Tennis Mixed Doubles**

This is a drop-in activity for tennis player with at least #3 skill level. For more information call Will: 299-2990

*WHEN: Mondays, Wednesdays & Fridays, 3-5p.m.*

*WHERE: Homer High Tennis Courts*

### **Early Bird Basketball**

Games are pick-up and called by the players. Good sportsmanship is a must. Contact Merlin for more information: 299-0303.

*WHEN: Mondays, Wednesdays, and Fridays, 6:15 - 7:30 a.m. Ongoing during fall & winter as space and time is available.*

*WHERE: Homer Middle (Spring) Homer High (Summer)*

### **HOMER SHOTOKAN KARATE CLUB**

CLASSES MEET ON TUESDAY AND THURSDAY

*Lower Level – Kachemak Center.*

phone 907-299-8132 e-mail [smokybay@gmail.com](mailto:smokybay@gmail.com)

MEMBER-- ISKF ALASKA

- Family friendly
- Benefits ADHD students
- Teaches perseverance and self-discipline
- Teaches respect for self and others



BEGINNERS WELCOME ANYTIME

Studio Space available for rent: \$12/hr

*FEE: Adult Punch Cards: 10 punches for \$30; 20 punches for \$60*

*Youth Punch Cards: 10 punches for \$20; 20 punches for \$40*

*Payable to Homer Community Recreation*

### **Evening Pick Up Basketball**

Games are pick-up and called by the players. Good sportsmanship is a must. Please do not bring children. For high school students and older. Multiple courts available if needed.

*WHEN: February –April, Tuesdays & Thursdays, 8-10p.m.*

*May-August, Mondays, Tuesdays & Thursdays 6-8p.m. Activities may be canceled or rescheduled due to high school events. Cancellations TBA.*

*WHERE: Homer High School Gym*

*FEE: Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60*

*Payable to Homer Community Recreation*

[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# YOUTH TENNIS

## Summer 2016 Youth Tennis Programs

The **Homer Tennis Association** and **City of Homer Community Recreation** have teamed up to offer a four week tennis program from June 6 – July 1, 2016.

Two sessions would target youth ages 9-11, with two for youth from 12-14.

All sessions would meet Mondays, Wednesdays and Fridays at Homer High Tennis courts.

Session I (ages 9-11):      June 6-17              10am - 11am  
(6 hours of instruction)

Session II (ages 12-14):      June 6-17              11am – 12pm  
(6 hours of instruction)

Session III (ages 9-11):      June 20-July 1              10am - 11am  
(6 hours of instruction)

Session IV (ages 12-14):      June 20-July 1              11am – 12pm  
(6 hours of instruction)

Limit of 16 youth per session. This is not a drop-in activity and participants should plan to attend all classes in each session. Equipment will be provided.

FEE: \$25 per session payable to Homer Tennis Association

Registration through Homer Community Recreation office. Call or contact instructor Keri Syth at 208-255-8830 or [kerisyth@hotmail.com](mailto:kerisyth@hotmail.com).

[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# RECREATION

## Outdoor Soccer

Play soccer at the Homer High artificial turf! Games are pick up. For youth and adults for 7th graders and older.

*WHEN: Sundays, 6:30-9:30p.m. Wednesdays, 6-9.m. & Fridays, 6:30-9p.m. (until Football season starts, will start at later time)*

*WHERE: Homer High Turf*

*FEE: : Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60 or \$25 for the whole summer.*

## Indoor Soccer

Join us for the fast paced game of soccer and good fun. For youth and adults from 6th grade and older.

*WHEN: Sundays, 6-8 p.m. Wednesdays, 8:00-10p.m. Ends on May 8 or earlier.*

*WHERE: Homer High School Gym*

*FEE: : Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60*

## Tuesday Night Volleyball

For the beginner volleyball player. Learn elements of the game such as positions on the court and basic skills including set, bump, and spike. Good sportsmanship is expected.

*WHEN: Tuesdays, 7:30 - 9:30 p.m. Ongoing (ends of May 19).*

*NOTE: Closed Spring Break: March 14-18*

*WHERE: Homer Middle School Gym*

*FEE: : Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60*

*Payable to Homer Community Recreation*

**Supporting community education in our community.**

*The* **HOMER**  
FOUNDATION

**PO Box 2600**

**Homer, AK 99603**

**907.235.0541**

**[info@homerfund.org](mailto:info@homerfund.org)**

**[www.homerfund.org](http://www.homerfund.org)**

[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# RECREATION/DANCE

## Thursday Night Volleyball

For the more advanced volleyball players. Games are fast-paced and advanced skills are needed to play. (Beginner level volleyball is offered on Tuesday nights.) Good sportsmanship is expected.

*WHEN: Thursdays, 7:30 - 9:30 p.m.*

*Ongoing (ends on May 22)*

*NOTE: Closed February 5 & Spring Break: March 14-18*

*WHERE: Homer Middle School Gym*

*FEE: : Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60*

*Payable to Homer Community Recreation*

## Wednesday Night Volleyball

For all level volleyball players. Learn & play elements of the game such as positions on the court and basic skills including set, bump, and spike. Good sportsmanship is expected.

*WHEN: Wednesdays, 6:00 - 8:00 p.m.*

*Starts on May 25. Ongoing during the summer, ends August 5.*

*NOTE: Closed July 6 & 13.*

*WHERE: Homer High School Gym*

*FEE: : Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60*

*Payable to Homer Community Recreation*

## Sunday Night Volleyball

For all volleyball players. Learn elements of the game such as positions on the court and basic skills including set, bump, and spike. Good sportsmanship is expected.

*WHEN: Sundays, 3:30 - 6 p.m. Ongoing.*

*WHERE: Homer High School Gym*

*FEE: Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60*

*Payable to Homer Community Recreation*

## Indoor Rock Climbing

Break into the sport of indoor rock climbing in a safe environment. Practice climbing techniques and the basics of safe tie-in, belay, and usable knots. Learn the importance of equipment care and use, communication, strength, and balance. Some equipment is available. Must be 6 or older to participate. **For children under 14, a parent or guardian must be present for the class.**

*WHEN: Ongoing Tuesdays, 6 - 8 p.m. until May 10. **Some cancellations TBA.***

*WHERE: Homer High School Mat Room*

## Dance

### Belly Dance

This spring session will provide opportunity for both experienced and developing dancers to improve flexibility, strength, stamina, rhythm and grace as we build improvisational dance skills as well as learn an original choreographed dance. Preparation for performance, costuming and stage make up learning opportunities available for those interested. Please bring a yoga mat if you have one. Please contact instructor Rowan Mulvey for more information, questions and registrations at 299-8377.

*WHEN: Thursdays, 6:30-8:30p.m.; April 7-May 26 (dates may change)*

*WHERE: Homer High*

*FEE: \$70 payable to instructor*

# DANCE

## Zumba

Perfect for Everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. How It Works: We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. Benefits: A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Call Maria at 399-3063 for more information and registration.

*WHEN: Mondays & Wednesdays, 5:30-6:30p.m., Ongoing*  
*WHERE: Homer High Green Room*  
*FEE: \$10 drop-in or \$40 for 5 classes, first time is free.*

*WHEN: Saturdays, 11a.m.-12p.m., Ongoing*  
*WHERE: Homer High Green Room*  
*FEE: \$5 drop-in, first time is free.*

## Ballroom Dance Basics

Learn the fundamentals of Ballroom Dance and get a head start on your svelte summer body. Ballroom Dance is the most fun way to exercise. This class will focus on Frame, Form, and Footwork. You will learn the basics of Waltz, Swing, and Nite Club 2 Step. This will give you a good foundation to add more dances and more movements. To get more individual help from the instructor, classes are limited. Sign up now and don't miss out! You do not need a partner. Please bring smooth soled shoes to wear during class. Leather is best but anything that will slide on a hardwood floor without leaving marks will work. Do not use the shoes you will wear to class.

*WHEN: Mondays & Wednesdays, 7:30p.m. to 8:30p.m., March 21-April 27*

*WHERE: Homer High School Green Room*

*FEE: \$80.00 per person, CR fee is included.*

*To register for class, call Vonda Nixon at 399-8883 or email at [vonda77@gmail.com](mailto:vonda77@gmail.com).*

*Registration deadline is March 14.*

## Contra & Square Dancing

Community Recreation offers square and contra dance with live music at West Homer Elementary School. Please bring clean, soft-soled shoes to dance in. Beginners are welcome. \$7 admission; kids 16 and under get in free. Call Mary at 235-3725 for information and upcoming dance dates. If you are willing to be a door-sitter for a short shift and get in free, please e-mail PeggyEllen at [peggy.ellen.k@gmail.com](mailto:peggy.ellen.k@gmail.com)

*WHEN: TBD call 235-3725*

*WHERE: West Homer Elementary*

*FEE: \$7/person, 16 under free*




# ZUMBA®



[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# DANCE



Pop Warner Football/Cheer Association  
**HOMER RAIDERS**

Girls & Boys  
from 7-15 years old

Registration Begins in May  
Practice Begins in July

Registration forms available at [popwarnerhomer.com](http://popwarnerhomer.com)

Actively seeking volunteers & coaches.  
Contact [homer.raiders@yahoo.com](mailto:homer.raiders@yahoo.com) for information.

**Looking for T-ball?  
Baseball? Softball?  
All around fun?  
Go to:  
[www.homerlittleleauge.org](http://www.homerlittleleauge.org)**

# HEALTH & FITNESS

## **Health and Fitness**

### **Weight Room**

Save money and sign up with Community Recreation to use a great collection of kettle balls, stationary bikes and free weights. Check it out and get back into shape. Participants must dress appropriately and wear clean indoor sneakers.

*WHEN: Monday through Thursday, 5:30 - 8 p.m. Ongoing. NOTE: Weight room closed on random evenings due to high school activities and maintenance.*

*WHERE: Homer High School*

*FEE: \$3/visit, purchase 10 or 20 punch card*

### **Hunters Safety Class**

The State of Alaska requires that all hunters born after January 1, 1986, take this class to obtain a hunting license. A great class to take as a refresher or to take together as a family. This class is for ages 10 and up. You must sign up prior to April 5 to complete the take home material before the class. Must attend both classes; first day instruction, second day at the shooting range. This class is taught by the State of Alaska Department of Fish & Game. ***Please contact Fish & Game for more information and to purchase the course material at 235-8191.***

*WHEN: Friday, April 1, 5:30-9:30 p.m. and Saturday, April 2, 10a.m. - 4 p.m.*

*WHERE: Homer High School (a104) on Friday; Saturday to be announced on Friday*

*FEE: \$10, payable to Alaska Fish & Game*

**For more information and registration at 235-8808 or 399-5805.**



*Relax...*  
*We'll take care of everything.*

*The Experts in...*  
*Creating Romantic*  
*Get-Aways and*  
*Heavenly Escapes.*

**Land's End**  *Where smiles and the ocean greet you at the door!*

To book your special event, call Mike Dye at 907-399-8118

[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# TRACK & TURF

## **Kachemak Bay Running Club - Summer Youth Running Program: May 9-August 5, 2016 Ages 13-18**

This Kachemak Bay Running Club (KBRC) sponsored program is specifically tailored for youth runners interested in improving their running skills; developing running strength and conditioning; and experiencing adventure and challenge! Runners will meet twice a week as a group to do a combination or variety of running including adventure trail runs, endurance runs, or speed workouts on the new Olympic quality Homer Community Track. All runners will receive specific instruction on proper running form and technique and individualized weekly/monthly training objectives.

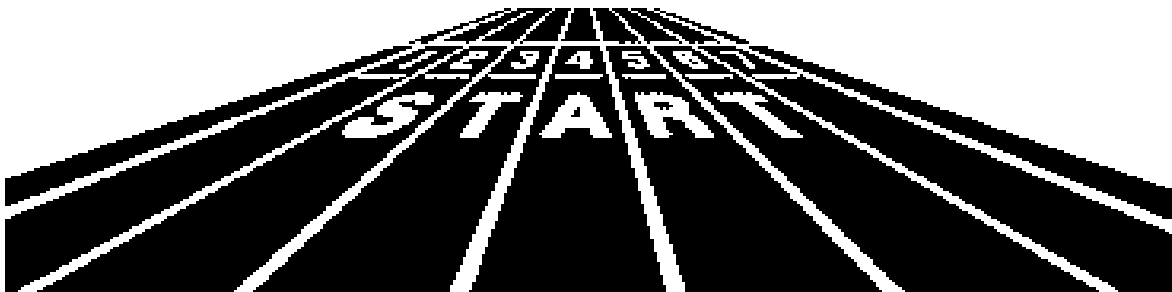
Instructor:, Bill Steyer-Head Coach Homer High School Running Programs

Cost: \$25.00 (includes KBRC 1 year membership and a T-Shirt).

Contact: Bill Steyer at 399-1078 or [steyerbill@yahoo.com](mailto:steyerbill@yahoo.com) for more details.

### Artificial Turf Reminders:

No animals, no food, no liquids other than water, do not pull strings, no cleats on track, do not move nets without approval & schedule your activities with CR.



### Remember:

No bicycles, vehicles, dogs or strollers on the track.

# INFORMATION

The word "recreation" is really a very beautiful word. It is defined in the dictionary as "the process of giving new life to something, of refreshing something, of restoring something." This something, of course, is the whole person.

*~Bruno Hans Geba*

## **ADDITIONAL RECREATIONAL ACTIVITIES:**

- |                                     |  |
|-------------------------------------|--|
| • AK ISLANDS & OCEAN VISITOR CENTER | <a href="http://www.islandsandocean.org">www.islandsandocean.org</a>   |
| • CENTER FOR AK COASTAL STUDIES     | <a href="http://www.akcoastalstudies.org">www.akcoastalstudies.org</a>   |
| • HOMER LITTLE LEAGUE               | <a href="http://www.homerlittleleague.org">www.homerlittleleague.org</a>   |
| • T.R.A.I.L.S.                      | <a href="http://www.peninsulailc.org/trails.htm">www.peninsulailc.org/trails.htm</a>                             |
| • KATE KUHNS AQUATIC CENTER         | <a href="http://www.homerpool.org">www.homerpool.org</a>   |
| • HOMER BOYS & GIRLS CLUB           | <a href="http://www.positiveplaceforkids.com">www.positiveplaceforkids.com</a>                                   |
| • HOMER SOCCER ASSOCIATION          | <a href="http://www.homersoccer.com">www.homersoccer.com</a>   |
| • YOUTH THEATRE                     | <a href="http://www.pieronetheatre.org">www.pieronetheatre.org</a>   |
| • KACHEMAK BAY RUNNING CLUB         | <a href="http://www.kachemakbayrunningclub.org">www.kachemakbayrunningclub.org</a>                               |
| • KACHEMAK BAY STATE PARKS          | <a href="http://www.dnr.state.ak.us/parks/units/kbay/kbay.htm">www.dnr.state.ak.us/parks/units/kbay/kbay.htm</a> |
| • KACHEMAK NORDIC SKI               | <a href="http://www.kachemaknordicskiclub.org">www.kachemaknordicskiclub.org</a>                                 |
| • KEVIN BELL ICE FACILITY           | <a href="http://www.homerhockey.org">www.homerhockey.org</a>   |
| • HOMER COUNCIL ON THE ARTS         | <a href="http://www.homerart.org">www.homerart.org</a>   |
| • ALASKA KAYAK SCHOOL               | <a href="http://www.alaskakayakschool.com">www.alaskakayakschool.com</a>   |
| • OHLSON MT. ROPE TOW               | <a href="http://www.homerropetow.org">www.homerropetow.org</a>   |
| • KACHEMAK BAY COLLEGE              | <a href="http://www.homer.alaska.edu">www.homer.alaska.edu</a>   |
| • BUNNELL STREET ARTS CENTER        | <a href="http://www.bunnellarts.org">www.bunnellarts.org</a>   |

[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation) 235.6090

# POOL INFORMATION

## HOMER HIGH SCHOOL POOL SCHEDULE

						winter 2015
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
POOL CLOSED ON SUNDAYS	EARLY BIRD LAP SWIM 6:30-8:00	EARLY BIRD LAP SWIM 6:30-8:00	EARLY BIRD LAP SWIM 6:30-8:00	EARLY BIRD LAP SWIM 6:30-8:00	EARLY BIRD LAP SWIM 6:30-8:00	
NON SWIMMERS MUST HAVE A 1/1 RATIO OF ADULT SUPERVISION IN THE WATER AT ALL TIMES!!!						
	SENIOR EXERCISE 10:30-11:30	PARENT TOT 10:30-11:30	SENIOR EXERCISE 10:30-11:30	PARENT TOT 10:30-11:30	SENIOR EXERCISE 10:30-11:30	KSC 9:00-12:00
	NOON LAP 11:30-12:30	NOON LAP 11:30-12:30	NOON LAP 11:30-12:30	NOON LAP 11:30-12:30	NOON LAP 11:30-12:30	LAP SWIM 12:00-1:00
ADMISSION FEES: ADULT \$5.00 SENIOR \$4.00 YOUTH \$2.50 2 & UNDER : FREE	Kachemak Swim Club					OPEN SWIM 1:00-3:00
20 PUNCH PLUNGE CARDS ADULT \$80.00 SENIOR \$60.00 YOUTH \$40.00	OPEN SWIM 6:30-7:30	Kayak rental	OPEN SWIM 6:30-7:30	Open swim 6:30- 7:30	OPEN SWIM 6:30-7:30	AVAILABLE FOR RENTALS 235-7416
	LAP SWIM 7:30-8:30	Kayak rental	LAP SWIM 7:30-8:30	LAP SWIM 7:30- 8:30	LAP SWIM 7:30-8:30	

Find us on line @ [www.HomerPool.org](http://www.HomerPool.org)

Disclaimer: Activity may be cancelled due to KPBSD activity.

**Go to:**  
**[WWW.HOMERPOOL.ORG](http://WWW.HOMERPOOL.ORG)**  
**for updated information.**

# Quick Calendar

**Popeye Wrestling Tourney:** *Friday & Saturday, March 11-12*

*-Homer High School*

**St. Patrick's Day Fun Run:** *Thursday, March 17th*

**Homer High Track Meet:** *Saturday, April 26 at 10AM*

*-Homer High School*

**Safe & Healthy Kids Fair & Bike Rodeo:** *Saturday, April 26 at 10AM -Homer High School*

**Migration Run:** *Sunday, May 15 at 9AM -Nick Dudiak Fishing Hole*

**Tommie Soccer Sunday:** *Sunday, June 12, 1-4PM*

*-Homer Middle School*

**Spit Run:** *Saturday, June 25 starts at 10AM -Homer High*

**Halibut Hustle Fun Run:** *September*

**Turkey Trot Fun Run:** *Thursday, November 24 at 10AM*

*-Homer High*



# City of Homer Community Recreation Registration Form

NAME: \_\_\_\_\_ ☐ FALL ☐ WINTER ☐ SPRING ☐ SUMMER  
 ADDRESS: \_\_\_\_\_ HOME/CELL # \_\_\_\_\_  
 \_\_\_\_\_ WORK #: \_\_\_\_\_  
 E-MAIL \_\_\_\_\_ CITY OF HOMER RESIDENT? ☐ YES ☐ NO

Participant's Name	Class Title	Date(s)	Fee

**Why not "Round Up" your registration fee and donate \$2, \$5, OR \$10 to the Homer Community Recreation program. Put amount here.**

*Thanks for your participation!*

Donation Amount \_\_\_\_\_

Total Amount Paid \_\_\_\_\_

Payment is non-refundable. Classes will not be prorated. Payment for all classes MUST accompany registration form. Make checks/money orders payable to City of Homer Community Recreation or to instructor as noted in class descriptions under "Fees." For more information, call Community Recreation at 235-6090.

## **RELEASE OF LIABILITY AND CONSENT TO EMERGENCY TREATMENT OF MINOR**

The undersigned, as a participant or as parent or legal guardian of a participant in the City of Homer Community Recreation Program, recognizes and acknowledges that some of the classes involve physical activities that could result in personal injury and/or property damage. Knowing and acknowledging that there is a risk of personal injury or property damage, the undersigned, as participant and/or parent or legal guardian, agrees to assume full responsibility for any and all reasonable risks to the participant and will release, waive, and hold the City of Homer, City of Homer Community Recreation Program, KPBSD, and employees, agents, and volunteers harmless from any and all actions, causes of action, claims, demands, damages, costs, losses, expenses, and compensation on account of or in any way arising out of any and all known and unknown personal injuries and property damage that might arise from the participant's involvement in the classes. If the participant is a minor child, the undersigned parent or legal guardian consents to the said minor child participating in classes and authorizes the City of Homer Community Recreation to obtain any and all necessary emergency medical care or treatment for the minor child, if reasonable attempts to notify the parent or legal guardian are unsuccessful.

## **Permission for Photo/Video**

From time to time, the local news media and the Community Recreation program will take photos or video of program participants for promotional publication purposes. I hereby agree to recording of voice, appearance, activities, and participation in any program that participant, guardian or adult is involved in. I am also aware that pictures may be posted on the Community Recreation's website and/or catalogs. Initial here if you do not grant permission → ☐

Participant Signature (if over 18 years old) \_\_\_\_\_

Date \_\_\_\_\_

As parent or guardian of \_\_\_\_\_

Parent's/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_



**The City of Homer Community Recreation Program is a proud member of the National Recreation and Parks Association and the Alaska Recreation and Parks Association.**



Phone: 235-6090  
Fax: 235-8933  
600 E. Fairview Ave. Homer, AK  
E-mail: [millg@ci.homer.ak.us](mailto:millg@ci.homer.ak.us)  
[www.cityofhomer-ak.gov/recreation](http://www.cityofhomer-ak.gov/recreation)